

# Weighing the Options: Encouraging Healthy Weights among America's Youth

**Thursday, March 25**  
**6:30 - 8:30 p.m.**

**Carmack Community Room**  
Central Resource Library  
9875 W. 87th St., Overland Park



More American children are overweight today than ever before, and the numbers keep rising. In this interactive forum, we will examine several approaches to encouraging healthy choices and better futures for our nation's youth. Refreshments will be provided. Registration required. To register, please call (913) 495-7514, visit us online at [www.jocolibrary.org/issues](http://www.jocolibrary.org/issues) or e-mail [jclref@jocolibrary.org](mailto:jclref@jocolibrary.org).

# Weighing the Options: Encouraging Healthy Weights among America's Youth

**Thursday, March 25**  
**6:30 - 8:30 p.m.**

**Carmack Community Room**  
Central Resource Library  
9875 W. 87th St., Overland Park



More American children are overweight today than ever before, and the numbers keep rising. In this interactive forum, we will examine several approaches to encouraging healthy choices and better futures for our nation's youth. Refreshments will be provided. Registration required. To register, please call (913) 495-7514, visit us online at [www.jocolibrary.org/issues](http://www.jocolibrary.org/issues) or e-mail [jclref@jocolibrary.org](mailto:jclref@jocolibrary.org).



Johnson County

**Library**

**PO Box 2933**

**Shawnee Mission, KS 66201-1333**



Johnson County

**Library**

**PO Box 2933**

**Shawnee Mission, KS 66201-1333**